



Approved by:

*Robbie*

# Amame

## 4 WALL - 64 COUNTS - INTERMEDIATE

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
<b>Section 1</b> 1 - 3 4 5 - 7 8	<b>Behind, Side, Cross, Sweep, Cross, Side, Behind, Sweep</b> Cross right behind left. Step left to left side. Cross step right over left. Sweep left out and around from back to front. Cross step left over right. Step right to right side. Cross left behind right. Sweep right out and around from front to back.	Behind Side Cross Sweep Cross Side Behind Sweep	Left On the spot Right On the spot
<b>Section 2</b> 1 - 2 3 & 4 5 - 6 7 - 8	<b>Behind Rock, Chasse, Behind Rock, 1/4 Turn x 2</b> Rock back on right behind left. Rock forward onto left. Step right to right side. Close left beside right. Step right to right side. Rock back on left behind right. Rock forward onto right. Turn 1/4 right stepping left back. Turn 1/4 right stepping right to right side.	Behind Rock Side Close Side Behind Rock Turn Turn	On the spot Right On the spot Turning right
<b>Section 3</b> 1 - 2 3 & 4 5 - 6 7 - 8 <b>Note</b>	<b>Step, Lock, Left Lock Step, Diagonal Rock Steps</b> Step left forward. Lock step right behind left. (6:00) Step left forward. Lock step right behind left. Step left forward. Rock right diagonally forward right. Recover onto left. Rock right diagonally back right. Recover onto left. Counts 5 - 8: Push hips forward and back.	Left Lock Left Lock Left Forward Rock Back Rock	Forward On the spot
<b>Section 4</b> 1 - 2 3 - 4 <b>Option</b> 5 - 6 7 & 8	<b>Step, Pivot 1/2, Full Turn, Forward Rock, Coaster Cross</b> Step right forward. Pivot 1/2 turn left. (12:00) Make 1/2 turn left stepping right back. Make 1/2 turn left stepping left forward. Replace full turn with Walk forward left, Walk forward right. Rock forward on right. Rock back onto left. Step right back. Step left beside right. Cross step right over left. (12:00)	Step Pivot Full Turn Forward Rock Coaster Cross	Turning left On the spot
<b>Section 5</b> 1 - 2 3 - 4 5 - 6 7 & 8	<b>Side, Slide, Cross Rock, Side, Together, Chasse 1/4 Turn</b> Step left long step to left side. Drag/slide right towards left (weight on left). Cross rock right over left. Rock back onto left. Step right to right side. Close left beside right. (Use Cuban hip action) Step right to right side. Close left beside right. Turn 1/4 right stepping right forward.	Side Slide Cross Rock Side Close Side Close turn	Left On the spot Right Turning right
<b>Section 6</b> 1 - 2 3 - 4 5 - 6 7 - 8	<b>Cross, Back, Step/Sway, Touch, Step/Sway, Touch, Chasse</b> Cross step left over right. Step right back. Step left to left side swaying hips left. Touch right beside left. Step right to right side swaying hips right. Touch left beside right. Step left to left side. Close right beside left. Step left to left side. (3:00)	Cross Back Side Touch Side Touch Side Close Side	Right On the spot On the spot Left
<b>Section 7</b> 1 - 2 3 - 4 5 - 6 7 & 8	<b>Cross, Unwind Full Turn, Side Rock, Cross, Side, Cross Shuffle</b> Cross step right over left. Unwind full turn left (weight on right). Rock left out to left side. Recover onto right. Cross step left over right. Step right small step to right side. Cross step left over right. Step right small step to right side. Cross step left over right.	Cross Unwind Side Rock Cross Side Cross Shuffle	Turning left On the spot Right
<b>Section 8</b> 1 - 2 3 - 4 5 - 6 7 & 8 <b>Option</b>	<b>Side, Slide, Back Rock, Step, Pivot 1/2 Turn, 1/2 Turn, Sweep</b> Step right long step to right side. Drag/slide left towards right (weight on right). Rock back on left. Rock forward onto right. Step left forward. Pivot 1/2 turn right. Make 1/2 turn right stepping left back. Sweep right out and around, front to back. Counts 5 - 7: Rock left forward. Rock back onto right. Step left back.	Side slide Back Rock Step Pivot Turn Sweep	Right On the spot Turning right

**Choreographed by:** Robbie McGowan Hickie (UK) September 2008

**Choreographed to:** 'Amame' by Belle Perez (126 bpm) from CD Gipsy;

also available as download from iTunes (32 count intro)

**Music Suggestion:** 'Travelin' Man' by John Dean (124 bpm) from CD One For The Road (16 count intro)



A video clip of this dance is available at  
[www.linedancermagazine.com](http://www.linedancermagazine.com)