

Knockin' On Wood

Count: 64 **Wall:** 2 **Level:** Intermediate

Choreographer: Daniel Whittaker & Karl-Harry Winson (UK) Sept 2013

Music: "Knock On Wood" by Safri Duo. Album: "Greatest Hits" [04.12]

Intro: 64 Count Intro.....

(as there is a long intro to this track, wait 64 counts before you start the dance.

You will be dancing wall 1 during the instrumental, the lyrics will kick in on Wall 2)

S1: Right Diagonal Step Lock. & Heel-Hold. Ball-Cross. Side Step. Sailor 1/4 Cross.

- 1 – 2 Step Right foot to Right diagonal. Lock Left behind Right.
- &3-4 Step Right to Right diagonal. Dig Left heel towards Left Diagonal. Hold
- &5-6 Step Left foot beside Right. Cross step Right over Left. Step Left to Left side.
- 7&8 Cross Right behind Left making 1/4 turn Right. Step Left beside Right. Cross step
Right over Left.

S2: Left Diagonal Step Lock. & Heel-Hold. Ball Cross. 1/4 Turn Left. Triple 1/2 Turn Left.

- 1 – 2 Step Left foot to Left diagonal. Lock Right behind Left.
- &3-4 Step Left foot to Left diagonal. Dig Right heel towards Right diagonal. Hold.
- &5-6 Step Right foot beside Left. Cross step Left over Right. Make 1/4 Turn Left stepping
back on Right.
- 7&8 Make 1 triple 1/2 Turn Left stepping: Left, Right, Left.

S3: Syncopated Jumps Forward and Back (with Claps). Toe Switches X3. Hitch-Cross.

- &1-2 Jump forward Stepping forward out on the Right. Stepping forward and out on the
Left. Hold/Clap Hands.
- &3-4 Jump back Stepping back and out on the Right. Stepping back and out on the Left.
Hold/Clap Hands.
- 5&6 Point Right toe out to Right side. Step Right beside Left. Point Left toe out to Left side.
- &7 Step Left foot in beside Right. Point Right toe to Right side.
- &8 Hitch Right knee up. Cross step Right over Left.

S4: Back Step. Side Step. Left Cross Shuffle. Rolling Vine Right. Point.

- 1 – 2 Step back on Left. Step Right to Right side.
- 3&4 Cross Left over Right. Step Right to Right side. Cross step Left over Right.
- 5 – 7 Make 1/4 Right stepping Right forward. Make 1/2 Right stepping Left back. Make 1/4
Right stepping Right to Right side.
- 8 Point Left toe out to Left side and point both arms up towards the Left diagonal. Look
in the same direction as you do this.

S5: 1/4 Turn Left. 1/4 Turn Grapevine Right. Cross Rock. Shuffle 1/4 Turn.

- 1 – 2 Make 1/4 Turn Left putting the weight forward on the Left. Make 1/4 Turn Left stepping
Right to Right side.
- 3 – 4 Cross step Left behind Right. Step Right to Right side.
- 5 – 6 Cross rock Left over Right. Recover weight on Right.

7&8 Step Left to Left side. Close Right beside Left. Make 1/4 turn Left stepping Left forward.

S6: Turning Toe Touches/Toe Struts X3. Back Rock.

1 – 2 Make 1/4 Turn Left pointing Right toe to Right side. Put the weight onto the Right/Drop the heel as you make 1/4 Turn Left. (Click Both hands up at shoulder level as you do this on count 2).

3 – 4 Touch Left toe back. Make 1/4 Turn Left putting weight onto the Left/Drop the heel. (Click both hands down at waist level as you do this on count 4).

5 – 6 Make 1/2 Turn Left Pointing Right toe out to Right side. Put weight onto the Right/Drop the heel. (Click both hands up at shoulder level as you do this on count 6).

7 – 8 Rock back on Left. Recover weight forward on Right.

S7: Left Kick Ball-Cross. Side-Drag/Touch. Right Kick Ball-Cross. Side-Drag/Touch.

1&2 Kick Left foot to Left diagonal. Step Left beside Right. Cross step Right over Left. Step big step with Left foot to Left side. Drag Right foot towards Left and touch beside Left.

3 – 4

***Restart Here on Wall 3 facing 6.00.**

5&6 Kick Right foot towards Right diagonal. Step Right beside Left. Cross step Left over Right.

7 – 8 Step big step with Right foot to Right side. Drag Left foot towards Right and touch beside Right.

S8: Back Rock. Step Pivot 1/2 Turn. Left Shuffle 1/2 Turn. Back Rock.

1 – 2 Rock back on Left. Recover weight forward on Right.

3 – 4 Step forward on Left. Pivot 1/2 Turn Right.

5&6 Shuffle 1/2 Turn Right stepping: Left, Right, Left.

7 – 8 Rock back on Right. Recover weight forward on Left.

Tag 1: Happens at the end of Wall 2 facing 12.00 & End of Wall 5 facing 6.00

Right Jazz Box. Jazz Jump Forward. Hold. Hips Bumps Right and Left.

1 – 4 Cross Right over Left. Step back on Left. Step Right to Right side. Step Left foot forward.

&5-6 Step forward and out on Right. Step forward and out on Left. Hold.

7 – 8 Bump Hips Right. Bump Hips Left.

Tag 2: Happens end of Wall 4 facing 12.00.

Right Jazz Box.

1 – 4 Cross Right over Left. Step back on Left. Step Right to Right side. Step Left foot forward.

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