# Oh My Days!



Count:	64	Wall:	2	Level:	Interm	ediate
Choreographer:	Shaz V	Valton (	UK)	June 2012		
Music:	'Love I	Me' ft Tra	avie	Mcoy by St	ooshe	(iTunes)

## Count in: 32 counts

### S1: Tap. Side. Sailor. Tap. Side. Sailor. Side. Side.

- 1-2 Tap right beside left. Step right to right side.
- 3& Cross step left behind right. Step right to right.
- 4-5 Tap left to left. Step left down.
- 6& Cross step right behind left. Step left to left side.
- 7-8 Step right to right side. Step left to left side.

#### S2: Rock recover. <sup>1</sup>/<sub>4</sub> rock recover. <sup>1</sup>/<sub>4</sub> rock back recover. Shuffle <sup>1</sup>/<sub>2</sub> turn.

- 1-2 Rock forward right. Recover left.
- 3-4 Make ¼ right as you rock right to right side. Recover left.
- 5-6 Make <sup>1</sup>/<sub>4</sub> right as you rock back on right. Recover on left.
- 7&8 shuffle ½ turn left stepping R-L-R

#### S3: Back. Sweep. Coaster step. Toe strut. Ball. Walk x2

- 1-2 Step back left. Sweep right from front to back
- 3&4 Step back right. Step back left. Step forward right.
- 5-6 Touch left toes forward. Drop left heel as you raise right heel. (Weight left)
- &7-8 step right beside left. Walk forward left. Walk forward right.

## S4: Grind/ rock recover. Step. grind/rock recover step. <sup>1</sup>/<sub>4</sub> grind recover. Step. Cross. side.

- 1-2& Dig left heel forward as you rock onto left with toes to right diagonal. Recover on right as left toes point to left diagonal. Step left beside right.
- 3-4& Dig right heel forward as you rock onto right with toes to left diagonal. Recover on left as right toes point to right diagonal. Step right beside left.
- 5-6& Dig left heel forward as you rock onto left with toes to right diagonal. Recover on right
- making a ¼ left as left toes point to left diagonal. Step left beside right.
- 7-8 Cross step right over left. step left to left side.

## \*\* Bridge / Restart 3 – FREEZE! For 4 counts & resume the dance from count 33\*\*

#### S5: Cross. Rock recover cross. Point. 1/2 rock recover cross. point

Cross step right over left.

1

- 2&3 Rock left to left. Recover on right. Cross step left over right.
- 4-5 Point right to right side. Make ½ right on the ball of left stepping right beside left.
- 6&7 Rock left to left. Recover on right. Cross step left over right.
- 8 point right to right side.
- \*\* 1st Restart point wall 2\*\* see below

# S6: Hitch. Point. Hitch step point. 1/4 .back. back. Forward.

- 1-2 Hitch right knee across left. Point right to right side
- 3&4 Hitch right knee across left. Step right beside left. Point left to left side.
- 5-6 Make <sup>1</sup>/<sub>4</sub> left keeping weight on right & left touched forward. Step back left
- 7-8 Step back right. Step forward left.

# \*\*2nd Restart point - wall 5\*\*

## S7: Cross rock recover. Chasse. Back rock recover. Chasse 1/4.

- 1-2 Cross rock right over left. recover on left.
- 3&4 Step right to right side. Step left beside right. Step right to right side.
- 5-6 Rock back on left. Recover on right
- 7&8 Chasse ¼ right stepping L-R-L

## S8: Back. Sweep. Back. Sweep. Sailor ¼ cross. Touch. Bump.

- 1-2 Step back right. Sweep left from front to back.
- 3-4 Step back left. sweep right from front to back.
- 5&6 cross right behind left making ¼ right. Step left to left side. Cross step right over left.
- 7-8 Touch left to left side. Bump hips to left dropping weight onto left.

## Tag / Restart – wall 2 – dance up to counts 48 & do the following.

# Cross. Rock recover cross. Point. ½ rock recover cross. point

- 1 Cross step right over left.
- 2&3 Rock left to left. Recover on right. Cross step left over right.
- 4 -5 Point right to right side. Make ½ right on the ball of left stepping right beside left.
- 6&7 Rock left to left. Recover on right. Make ¼ right stepping left forward. .
- 8 Touch right beside left.

## Restart the dance again from the front wall.