

## Mama & Me

www.linedancerweb.com www.linedancefoundation.com www.kingshilldanceholidays.com. 32 Count 2 Wall Improver Level Dance.

Choreographed by: Gary O'Reilly (IRL) Aug 2022

Choreographed to: Mamas by Anne Wilson & Hillary Scott

Intro: 16 Counts. Start at approx 12 secs.

Remember to Vote for your favourite dances in the Linedancer Charts.

SEC 1	FWD, TOUCH, BACK, KICK, BEHIND SIDE CROSS, SIDE ROCK & CROSS, 1/4, 1/4, CROSS
1&2&	Step diagonally forward R on R, touch L next to R, step back on L, low kick R to R diagonal (1:30)
3&4 586	Cross R behind L, step L to L side, cross R over L (12:00)
5&6	Rock L to L side, recover on R, cross L over R
7&8	1/4 L stepping back on R, 1/4 L stepping L to L side, cross R over L (6:00)
SEC 2	FWD, TOUCH, BACK, KICK, BEHIND SIDE CROSS, SIDE TOGETHER BACK, DIAGONAL SHUFFLE
1&2&	Step diagonally forward L on L, touch R next to L, step back on R, low kick L to L diagonal (4:30)
3&4	Cross L behind R, step R to R side, cross L over R (6:00)
5&6	Step R to R side, step L next to R, step back on R
7&8	Step L forward towards L diagonal, step R next to L, step L forward towards L diagonal (4:30)
SEC 3	CROSS ROCK, SIDE ROCK, SAILOR ¼, CROSS ROCK, SIDE ROCK, SAILOR ¼
1&2&	Cross rock R over L, recover on L, rock R to R side, recover on L (6:00)
3&4	Cross R behind L, ¼ R stepping L next to R, step R to R side (9:00)
5&6&	Cross rock L over R, recover on R, rock L to L side, recover on R
7&8	Cross L behind R, ¼ L stepping R next to L, step forward on L (6:00)
SEC 4	MAMBO ½, ½ TURNING LOCK STEP, COASTER STEP, SHUFFLE FWD
1&2	Rock forward on R, recover on L, ½ R stepping forward on R (12:00)
3&4	1/4 R stepping L to L side, cross R over L, 1/4 R stepping back on L (6:00)
5&6	Step back on R, step L next to R, step forward on R
7&8	Step forward on L, step R next to L, step forward on L
Tag 1	At the end of Wall 1
_	WALK, TOGETHER
1-2	Walk forward R, step L next to R
Tag 2	At the end of Walls 2 and 5
	JAZZBOX, JAZZBOX
1-2	Cross R over L, step back on L
3-4	Step R to R side, step slightly forward on L
5-6	Cross R over L 5), step back on L
7-8	Step R to R side, step slightly forward on L
Tag 3	At the end of Walls 4 and 6
•	JAZZBOX
1-2	Cross R over L, step back on L



3-4

Step R to R side, step slightly forward on L