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Solo Dance

32 Count, 4 Wall, Beginner

Choreographer: Jo Kinser & John Kinser (UK) May 2017

Choreographed to: Solo Dance by Martin Jensen

Start On The Vocals 32 Counts.

Section 1: R Rocking Chair, Cross Samba, L Diagonal Crossing Shuffle

1-4 Rock R fwd, Recover L, Rock R back, Recover L
5&6 Cross R over left, Rock L to left, Step fwd R (1:30)
7&8 Cross L slightly over right, Step R to right, Cross L slightly over right – travelling to (1:30)

Section 2: R Side – Touch/Clap, L Diagonal Shuffle, Squat – Touch/Clap, L Side Shuffle

1,2 Step R to right, Touch L next to right and Clap
3&4 Step L fwd to left diagonal (11:30), Step R next to left, Step L fwd
5,6 Step R back to left diagonal and Squat, Touch L next to right as you come up and Clap (12:00)
7&8 Step L to left, Step R next to left, Step L to left

Section 3: R Cross Rock, R Side Rock, Behind And Cross, L Side Rock

1,2 Cross Rock R over, Recover L
3,4 Rock R to right, Recover L
5&6 Step R behind left, Step L to left, Step R across left
7,8 Rock L to left, Recover R

Section 4: And R Side Rock – R Back Rock, Step 1/8 Turn L – Hip Rolls X2

&1,2 Step L next to right, Rock R to right, Recover L
3,4 Rock R back, Recover L
5,6 Step R fwd rolling hips anti c/w 1/8th turn Left
7,8 Step R fwd rolling hips anti c/w 1/8th turn Left (9:00)

Note: At The End Of Wall 4 Facing 12:00, Hold For 4 Counts Or Do A Rocking Chair (1-4)
