STEPPIN'OFF



THEPage



Approved by:



Sticky Sweet Stuff

4 WALL – 32 COUNTS – BEGINNER			
STEPS	Actual Footwork	CALLING SUGGESTION	DIRECTION
Section 1	Point, Touch, Point, Hitch, Mambo Forward, Hold		
1 – 2	Point right to right side. Touch right beside left.	Point Touch	On the spot
3 – 4	Point right to right side. Hitch right.	Point Hitch	
5 – 8	Rock forward on right. Rock back on left. Step right in place. Hold.	Mambo Step Hold	
Section 2	Point, Touch, Point, Hitch, Mambo Forward, Hold		
1 – 2	Point left to left side. Touch left beside right.	Point Touch	On the spot
3 – 4	Point left to left side. Hitch left.	Point Hitch	
5 – 8	Rock forward on left. Rock back on right. Step left in place. Hold.	Mambo Step Hold	
Section 3	Toe Strut 1/4 Turn Jazz Box		
1 – 2	Cross right toe over left. Drop heel taking weight.	Cross Strut	Left
3 – 4	Step left toe back. Drop left heel taking weight.	Back Strut	Back
5 – 6	Make 1/4 turn right stepping right toe to right. Drop right heel taking weight.	Turn Strut	Turning right
7 – 8	Step left toe beside right. Drop left heel taking weight.	Toe Strut	On the spot
Section 4	Rocking Chair, Side, Touch, Side, Touch		
1 – 2	Rock forward on right. Recover onto left.	Rock Forward	On the spot
3 – 4	Rock back on right. Recover onto left.	Rock Back	
5 – 6	Step right to right side. Touch left beside right.	Side Touch	Right
7 – 8	Step left to left side. Touch right beside left.	Side Touch	Left

Choreographed by: Sheridan Gill (UK) December 2010

Choreographed to: 'Stuck Like Glue' by Sugarland (168 bpm) from CD The Incredible Machine;

also available as download from amazon or iTunes

(48 count intro)